

**2006 Southern Reg. Speedo Championships - 3/16/2006 to 3/19/2006**

**Session Report**

Session: 1 Thursday Finals

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Women Senior 1650 Freestyle	19	3	04:30 PM _____
Finals	2 Men Senior 1000 Freestyle	39	5	05:26 PM _____
	Swimmer Count for Warm-ups: 58	=====	=====	
	Entry / Heat Totals:	58	8	
	Finish Time			06:18 PM _____
	Finish Time			08:00 PM _____

Session: 2 Friday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	3 Women Senior 200 Freestyle	85	11	09:00 AM _____
Prelims	4 Men Senior 200 Freestyle	60	8	09:28 AM _____
Prelims	5 Women Senior 100 Breaststroke	53	7	09:46 AM _____
Prelims	6 Men Senior 100 Breaststroke	63	8	09:58 AM _____
Prelims	7 Women Senior 100 Butterfly	70	9	10:10 AM _____
Prelims	8 Men Senior 100 Butterfly	57	8	10:24 AM _____
Prelims	9 Women Senior 400 IM	46	6	10:36 AM _____
Prelims	10 Men Senior 400 IM	44	6	11:07 AM _____
Finals-S	11 Women Senior 800 Freestyle Relay	0	0	11:37 AM _____
Finals-S	12 Men Senior 800 Freestyle Relay	0	0	11:37 AM _____
	Swimmer Count for Warm-ups: 313	=====	=====	
	Entry / Heat Totals:	478	63	
	Finish Time			11:37 AM _____
	Finish Time			01:00 PM _____

Session: 3 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	3 Women Senior 200 Freestyle	85	3	u06:00 PM
Finals	4 Men Senior 200 Freestyle	60	3	u06:11 PM
Finals	5 Women Senior 100 Breaststroke	53	3	u06:20 PM
Finals	6 Men Senior 100 Breaststroke	63	3	u06:28 PM
Finals	7 Women Senior 100 Butterfly	70	3	u06:36 PM
Finals	8 Men Senior 100 Butterfly	57	3	u06:43 PM

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Finals	9	Women Senior 400 IM	46	3	u06:50 PM
Finals	10	Men Senior 400 IM	44	3	u07:09 PM
Finals-2	11	Women Senior 800 Freestyle Relay	12	2	07:26 PM
Finals-2	12	Men Senior 800 Freestyle Relay	14	2	07:45 PM
		Swimmer Count for Warm-ups: 192	=====	=====	
		Entry / Heat Totals:	504	28	
		Finish Time			08:02 PM

Session: 4 Saturday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-S	13 Women Senior 200 Medley Relay	4	1	09:00 AM
Finals-S	14 Men Senior 200 Medley Relay	3	1	09:05 AM
Prelims	15 Women Senior 200 Butterfly	53	7	09:10 AM
Prelims	16 Men Senior 200 Butterfly	49	7	09:29 AM
Prelims	17 Women Senior 50 Freestyle	106	14	09:47 AM
Prelims	18 Men Senior 50 Freestyle	75	10	10:00 AM
Prelims	19 Women Senior 200 Breaststroke	65	9	10:09 AM
Prelims	20 Men Senior 200 Breaststroke	49	7	10:36 AM
Prelims	21 Women Senior 100 Backstroke	68	9	10:55 AM
Prelims	22 Men Senior 100 Backstroke	46	6	11:12 AM
Prelims	23 Women Senior 500 Freestyle	63	8	11:22 AM
Prelims	24 Men Senior 500 Freestyle	47	6	12:08 PM
Finals-S	25 Women Senior 400 Freestyle Relay	13	2	12:40 PM
Finals-S	26 Men Senior 400 Freestyle Relay	4	1	12:49 PM
	Swimmer Count for Warm-ups: 438	=====	=====	
	Entry / Heat Totals:	645	88	
	Finish Time			12:53 PM
	Finish Time			01:00 PM

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-2	13 Women Senior 200 Medley Relay	16	2	06:00 PM
Finals-2	14 Men Senior 200 Medley Relay	14	2	06:12 PM
Finals	15 Women Senior 200 Butterfly	53	3	u06:23 PM
Finals	16 Men Senior 200 Butterfly	49	3	u06:34 PM
Finals	17 Women Senior 50 Freestyle	106	3	u06:44 PM
Finals	18 Men Senior 50 Freestyle	75	3	u06:50 PM

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Finals	19	Women Senior 200 Breaststroke	65	3	u06:55 PM
Finals	20	Men Senior 200 Breaststroke	49	3	u07:07 PM
Finals	21	Women Senior 100 Backstroke	68	3	u07:18 PM
Finals	22	Men Senior 100 Backstroke	46	3	u07:26 PM
Finals	23	Women Senior 500 Freestyle	63	3	u07:34 PM
Finals	24	Men Senior 500 Freestyle	47	3	u07:54 PM
Finals-2	25	Women Senior 400 Freestyle Relay	16	2	08:13 PM _____
Finals-2	26	Men Senior 400 Freestyle Relay	16	2	08:23 PM _____
		Swimmer Count for Warm-ups: 267	=====	=====	
		Entry / Heat Totals:	683	38	
		Finish Time			08:33 PM _____

Session: 6 Sunday Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-S	27 Women Senior 200 Freestyle Relay	9	2	09:00 AM _____
Finals-S	28 Men Senior 200 Freestyle Relay	3	1	09:05 AM _____
Prelims	31 Women Senior 200 Backstroke	50	7	09:07 AM _____
Prelims	32 Men Senior 200 Backstroke	47	6	09:28 AM _____
Prelims	33 Women Senior 100 Freestyle	120	15	09:44 AM _____
Prelims	34 Men Senior 100 Freestyle	82	11	10:06 AM _____
Prelims	35 Women Senior 200 IM	89	12	10:20 AM _____
Prelims	36 Men Senior 200 IM	59	8	10:53 AM _____
Finals-S	37 Women Senior 400 Medley Relay	11	2	11:14 AM _____
Finals-S	38 Men Senior 400 Medley Relay	7	1	11:24 AM _____
	Swimmer Count for Warm-ups: 351	=====	=====	
	Entry / Heat Totals:	477	65	
	Finish Time			11:29 AM _____
	Finish Time			01:00 PM _____

Session: 7 Sunday Distance Events

Day of Meet: 4 Starts at 04:00 PM Heat Interval: 30 Seconds

Round	Event	Entries	Heats	Starts at
Finals-S	29 Women Senior 1000 Freestyle	25	4	04:00 PM _____
Finals-S	30 Men Senior 1650 Freestyle	11	2	04:46 PM _____
	Swimmer Count for Warm-ups: 36	=====	=====	
	Entry / Heat Totals:	36	6	
	Finish Time			05:21 PM _____

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Session: 8 Sunday Finals

Day of Meet: 4 Starts at 06:00 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-2	27 Women Senior 200 Freestyle Relay	16	2	06:00 PM _____
Finals-2	28 Men Senior 200 Freestyle Relay	15	2	06:07 PM _____
Finals-1	29 Women Senior 1000 Freestyle	8	1	06:13 PM _____
Finals-1	30 Men Senior 1650 Freestyle	8	1	06:25 PM _____
Finals	31 Women Senior 200 Backstroke	50	3	u06:43 PM
Finals	32 Men Senior 200 Backstroke	47	3	u06:54 PM
Finals	33 Women Senior 100 Freestyle	120	3	u07:05 PM
Finals	34 Men Senior 100 Freestyle	82	3	u07:12 PM
Finals	35 Women Senior 200 IM	89	3	u07:19 PM
Finals	36 Men Senior 200 IM	59	3	u07:30 PM
Finals-2	37 Women Senior 400 Medley Relay	16	2	07:41 PM _____
Finals-2	38 Men Senior 400 Medley Relay	16	2	07:52 PM _____
	Swimmer Count for Warm-ups: 220	=====	=====	
	Entry / Heat Totals:	526	28	
	Finish Time			08:03 PM _____